



Welcome to Carolina Prime Internal Medicine (CAROLINA PRIME ), the office of Boyan Georgiev MD. We are pleased that you have chosen our office for your healthcare services. Our providers and staff are devoted to making your visit here as pleasant as possible. This letter and all items included in this welcome packet are designed to help you make a smooth transition into being a patient in our office.

At Carolina Prime Internal Medicine, you can expect to receive care that is based on the Patient Centered Medical Home model of care. This means that you will receive care that is carefully designed around evidence-based practice guidelines to assist you in reaching your best possible health status. It also means that we are committed to providing you with the health education and support needed to help you manage any chronic conditions that you have on a daily basis. At CAROLINA PRIME , you will be a partner in your health care and will be involved in every decision regarding your plan of care.

The selection of a primary care provider is a very important part of Patient Centered Medical Home and is one of the keys to providing you with the most coordinated care possible. Your provider and the health care team that surrounds them will work hard to know you as a person and to coordinate all aspects of the care that you receive both at our offices and through other health care providers. If you have not selected a primary care provider, you will be asked to let us know which provider you would like to choose as your primary care provider.

In a Medical Home your primary care provider is the hub of your medical care. We strive to be available to serve you at all times. We encourage you to call us at any time you need medical advice before going to an urgent care or emergency room. All calls to our office are answered based on urgency of the call and all calls will be answered within 24 hours. Any non-urgent requests for information can also be made through our patient portal. All portal messages are answered within 24 hours. Please do not utilize the portal for urgent or emergent messages. During hours that our office is closed, you can reach one of our providers through our after-hours on-call system by telephoning the regular office number and leaving a message with the telephone service. You will receive a call from a provider within 15 minutes.

We are concerned for your overall health. Any care that you receive at other locations should be incorporated into your overall plan for health and well-being. In order to provide you with the best care possible it is important for us to understand all aspects of your care. Sharing information about visits to other providers will allow us to coordinate your care across sites and specialties. Please let us know at each visit if you have had a visit to a hospital, emergency room, urgent care or specialty provider. If possible, please bring information about this care to your visit so that we can incorporate the information into your record and your treatment plan. Please also bring the results of any testing that is completed outside of our office, to include eye exams and podiatry exams if you have diabetes, so that we can include this information in your complete medical record.

As a patient you will receive a Clinical Summary containing information about your visit each time you leave our offices after a visit. The Clinical Summary will provide you with a record of the care that you received at that visit. Depending on your healthcare needs, it may also contain a copy of the care plan that you have developed with your provider. We urge you to create a folder in which to store these Clinical Summaries and other important papers that you will receive from your health care team such as copies of your lab results and your current

medication list. This will allow you to store all of your personal medical information in one place. Bring this folder with you to your appointments with your providers here at CAROLINA PRIME so that you can add your current information and keep it up to date. If you ever have the need to see a provider outside of Carolina Prime Internal Medicine, this folder can provide important information about your health care that the outside physician may not otherwise have access to.

At CAROLINA PRIME we realize that your healthcare does not stop when you leave our office. For this reason we have created a patient portal to help you manage your care in between visits to our office. We ask all patients to sign up for their portal at the end of their first visit. The portal is featured on our website and provides a way for you to access your information at all times. *MYQUEST* will allow you to access your lab results more quickly, see historical information, and have access to all of your visit information in one place from anywhere that you have an internet connection, including your smartphone. You can also utilize *MYQUEST* to request appointments and to ask your provider routine questions through email. At your initial visit to CAROLINA PRIME, you will automatically be given access codes to set up your personal page in *MYQUEST*. Detailed instructions are included in this packet. If you have questions about how to set up access to your *MYQUEST* page, we will be happy to assist you to sign up.

If you must be seen at an urgent care center we encourage you to utilize Medac. We have a special agreement with the providers at this center to provide us with the information from your visit within 1 business day of your care. This allows us to seamlessly incorporate the information from this provider into your overall plan of care.

<b>Medac Urgent Care</b>	<b>Medac Urgent Care</b>	<b>Medac Urgent Care</b>	<b>Medac Urgent</b>
<b>4402 Shipyard Blvd</b>	<b>1442 Military Cutoff Rd</b>	<b>8115 Market Street</b>	<b>5245 South College Rd</b>
<b>Wilmington, NC 28403</b>	<b>Wilmington, NC 28403</b>	<b>Wilmington, NC 28411</b>	<b>Wilmington, NC 28412</b>
<b>(910) 791- 0075</b>	<b>(910) 256-6088</b>	<b>(910) 686-1972</b>	<b>(910) 392-7806</b>
<b>8:00 AM - 11:00 PM</b>	<b>8:00 AM - 8:00 PM</b>	<b>8:00 AM – 8:00 PM</b>	<b>8:00 AM – 8:00 PM</b>

If you must be seen in an emergency room or if you are hospitalized for any reason, please call us immediately after discharge to schedule a primary care follow-up visit. This will allow us to update your plan of care with any new information about your health.

Coordination of care is very important in a medical home model of care. Included in this packet you will find a specialist agreement. We ask that you share this agreement with any specialty care providers that you receive care from so that records can be shared between our offices. We have also partnered with certain behavioral health care providers in the community to ensure that care planning is coordinated for our patients receiving services. If you currently receive care from a behavioral health provider please let us know so that we can connect to coordinate your care.

If you take medications, please bring a written list or your bottles so that we can accurately record your medications. Please include any over-the-counter or herbal medications or supplements that you take. When you need a medication refill please call your pharmacy to request a prescription refill. The pharmacy will then contact our office and we will approve your refill within 2 business days of receiving the request from your pharmacy. Prescriptions are sent electronically (with the exception of controlled substances) to the pharmacy of your choice.

Thank you for choosing Carolina Prime Internal Medicine for your healthcare, we look forward to partnering with you to help you achieve your greatest health status possible.

# Health History Questionnaire:



Name \_\_\_\_\_ Date of birth \_\_\_\_\_

Address \_\_\_\_\_

Local phone number \_\_\_\_\_ Alternative phone number \_\_\_\_\_

Please describe what problem or concern brought you to our office today:

- Primarily to establish care
- Other (please briefly describe) \_\_\_\_\_

### Special Communication Needs:

Language preference:			
If 'yes' to any of the questions below, how can we assist?			
Visual impairment	<input type="checkbox"/> Yes <input type="checkbox"/> No	Cognitive impairment	<input type="checkbox"/> Yes <input type="checkbox"/> No
Hearing impairment	<input type="checkbox"/> Yes <input type="checkbox"/> No	Sensory impairment	<input type="checkbox"/> Yes <input type="checkbox"/> No
Speech impairment	<input type="checkbox"/> Yes <input type="checkbox"/> No	Other:	

Personal Health History		Previous Surgical Procedures	
Please check past or current problems or conditions		Please check if you have had any of the following	
Condition	Condition	Procedure	Year
<input type="checkbox"/> Hypertension	<input type="checkbox"/> Seizures	<input type="checkbox"/> Heart surgery	
<input type="checkbox"/> High cholesterol	<input type="checkbox"/> Headaches	<input type="checkbox"/> Carotid artery surgery	
<input type="checkbox"/> Diabetes	<input type="checkbox"/> Stroke	<input type="checkbox"/> Vascular surgery / stent	
<input type="checkbox"/> Heart attack or angina	<input type="checkbox"/> Prostate problem	<input type="checkbox"/> Abdominal aneurysm repair	
<input type="checkbox"/> Irregular heart rhythm	<input type="checkbox"/> Breast problem	<input type="checkbox"/> Hysterectomy	
<input type="checkbox"/> Congestive heart failure	<input type="checkbox"/> Urinary tract infections	<input type="checkbox"/> Gallbladder removed	
<input type="checkbox"/> Asthma	<input type="checkbox"/> Osteoarthritis	<input type="checkbox"/> Appendix removed	
<input type="checkbox"/> Emphysema or chronic bronchitis	<input type="checkbox"/> Cancer (Please list type)	<input type="checkbox"/> Tonsillectomy	
<input type="checkbox"/> Pneumonia	<input type="checkbox"/> Thyroid problem	<input type="checkbox"/> Joint replacement	
<input type="checkbox"/> Gastroesophageal reflux disease	<input type="checkbox"/> Bleeding disorder	<input type="checkbox"/> Breast cancer surgery	
<input type="checkbox"/> Stomach ulcer	<input type="checkbox"/> Addiction Issues	<input type="checkbox"/> Prostate cancer surgery	
<input type="checkbox"/> Kidney problems	<input type="checkbox"/> Depression or anxiety	<input type="checkbox"/> Hernia	
<input type="checkbox"/> Liver disease/hepatitis	<input type="checkbox"/> Mental Illness	<input type="checkbox"/> Pacemaker	
<input type="checkbox"/> Colon cancer	<input type="checkbox"/> Other (please describe)	<input type="checkbox"/> Other (please describe)	
<input type="checkbox"/> Bowel/digestive problem			

### Social History:

Please circle appropriate answers below and provide explanations where appropriate

Marital status:  Single  Married  Divorced  Widowed  Life Partner

Education level:  Did not Graduate  High School  Some College  Bachelor's Degree  Master's Degree or Higher

Occupation:

Occupational concerns:  Stress  Hazardous substances  Heavy lifting

How stressful would you rate your current living situation: (Circle number)

No stress 0 1 2 3 4 5 6 7 8 9 10 Very Stressful

Are there financial concerns that affect your ability to seek healthcare?  No  Yes If yes, describe below

Are there any religious or cultural factors that you would like us to take into account when planning your healthcare?

### Current Health Concerns

Please check problems or conditions that you are CURRENTLY experiencing

<input type="checkbox"/> Chest pain	<input type="checkbox"/> Rectal bleeding	<input type="checkbox"/> Eye pain	<input type="checkbox"/> Nervousness
<input type="checkbox"/> Shortness of breath	<input type="checkbox"/> Black/tarry stools	<input type="checkbox"/> Loss of vision	<input type="checkbox"/> Pain in testicles
<input type="checkbox"/> Wheezing	<input type="checkbox"/> Weight loss	<input type="checkbox"/> Double vision	<input type="checkbox"/> Loss of libido
<input type="checkbox"/> Cough	<input type="checkbox"/> Weight gain	<input type="checkbox"/> Memory loss	<input type="checkbox"/> Impotence
<input type="checkbox"/> Coughing up blood	<input type="checkbox"/> Loss of appetite	<input type="checkbox"/> Ringing in ears	<input type="checkbox"/> Breast pain
<input type="checkbox"/> Sore throat	<input type="checkbox"/> Difficulty swallowing	<input type="checkbox"/> Pain in ears	<input type="checkbox"/> Breast discharge
<input type="checkbox"/> Nasal congestion	<input type="checkbox"/> Diarrhea	<input type="checkbox"/> Nose bleeds	<input type="checkbox"/> Other (please describe below)
<input type="checkbox"/> Irregular heartbeat	<input type="checkbox"/> Constipation	<input type="checkbox"/> Hoarseness	
<input type="checkbox"/> Fast heartbeat	<input type="checkbox"/> Painful urination	<input type="checkbox"/> Easy bleeding	
<input type="checkbox"/> High blood pressure	<input type="checkbox"/> Blood in urine	<input type="checkbox"/> Easy bruising	
<input type="checkbox"/> Low blood pressure	<input type="checkbox"/> Urine frequency	<input type="checkbox"/> Rash	
<input type="checkbox"/> Lightheadedness	<input type="checkbox"/> Decrease in urine flow	<input type="checkbox"/> Changes in mole	<b>Females - Please complete</b>
<input type="checkbox"/> Dizziness/fainting	<input type="checkbox"/> Urine leakage	<input type="checkbox"/> Sore that won't heal	Menstrual flow:
<input type="checkbox"/> Abdominal pain	<input type="checkbox"/> Headache	<input type="checkbox"/> Fatigue/lethargy	<input type="checkbox"/> Reg. <input type="checkbox"/> Irreg. <input type="checkbox"/> Pain/cramps
<input type="checkbox"/> Heartburn	<input type="checkbox"/> Weakness	<input type="checkbox"/> Insomnia	Days of flow __ Length of cycle __
<input type="checkbox"/> Indigestion	<input type="checkbox"/> Loss of strength	<input type="checkbox"/> Forgetfulness	1st day of last period _____
<input type="checkbox"/> Ankle swelling	<input type="checkbox"/> Balance problems	<input type="checkbox"/> Depression	<input type="checkbox"/> Pain or bleeding after sex
<input type="checkbox"/> Nausea	Pain, weakness, or numbness in		Number of pregnancies _____
<input type="checkbox"/> Vomiting	<input type="checkbox"/> Arms <input type="checkbox"/> Hips <input type="checkbox"/> Back		Miscarriages _____
<input type="checkbox"/> Vomiting blood	<input type="checkbox"/> Legs <input type="checkbox"/> Neck <input type="checkbox"/> Shoulders		Birth control method _____
<input type="checkbox"/> Change in bowel habits	<input type="checkbox"/> Hands <input type="checkbox"/> Feet		

### Family History

Relationship	Living Y/N	Age	Major Medical Problems and/or Cause of Death
Father			
Mother			
Siblings			
Children			

Specifically have any of your relatives had the following conditions

Condition	Relative	Condition	Relative
<input type="checkbox"/> Mental illness		<input type="checkbox"/> Chemical dependency	

### Allergies:

Please list any allergies to medications or foods


**Medications:**

Please list any medications that you take including over the counter medications, herbs, and supplements.  
Include dose and frequency


**Health Maintenance:**

Please check whether you have had the following preventive services and enter the year of the service

Immunizations	Year	Tests	Year
Tetanus vaccine / Tdap <input type="checkbox"/> Yes <input type="checkbox"/> No		Pap smear/pelvic <input type="checkbox"/> Yes <input type="checkbox"/> No	
Pneumonia vaccine <input type="checkbox"/> Yes <input type="checkbox"/> No		Mammogram <input type="checkbox"/> Yes <input type="checkbox"/> No	
Influenza vaccine <input type="checkbox"/> Yes <input type="checkbox"/> No		Bone dexta <input type="checkbox"/> Yes <input type="checkbox"/> No	
Shingles vaccine <input type="checkbox"/> Yes <input type="checkbox"/> No		Colonoscopy <input type="checkbox"/> Yes <input type="checkbox"/> No	
		Prostate test <input type="checkbox"/> Yes <input type="checkbox"/> No	

**Specialty Providers:**

In order that we can best coordinate your care, please list any medical providers you see outside of this practice and list the year that you last saw them

<input type="checkbox"/> Eye doctor	<input type="checkbox"/> Nephrologist
<input type="checkbox"/> Cardiologist	<input type="checkbox"/> Psychiatrist
<input type="checkbox"/> Oncologist	<input type="checkbox"/> Allergist
<input type="checkbox"/> Urologist / Gynecologist	<input type="checkbox"/> Vascular
<input type="checkbox"/> Gastroenterologist	<input type="checkbox"/> Pulmonologist
<input type="checkbox"/> Endocrinologist	<input type="checkbox"/> Other

**Health Behaviors:**

Tobacco use: <input type="checkbox"/> Never <input type="checkbox"/> Quit (when)_____ <input type="checkbox"/> Current smoker			
If current smoker how many packs per day for how many years_____			
Alcohol intake: <input type="checkbox"/> No <input type="checkbox"/> Yes If yes how many drinks/how often_____			
Illicit drug use (including marijuana, cocaine, steroids): <input type="checkbox"/> Never <input type="checkbox"/> Past <input type="checkbox"/> Current			
If past or current drug use describe:			
Exposure to secondhand smoke <input type="checkbox"/> Yes <input type="checkbox"/> No	Wear a seatbelt <input type="checkbox"/> Yes <input type="checkbox"/> No		
Eat a diet high in fruits and vegetables <input type="checkbox"/> Yes <input type="checkbox"/> No	See a dentist at least once a year <input type="checkbox"/> Yes <input type="checkbox"/> No		
Get 30 minutes of exercise 5 times a week <input type="checkbox"/> Yes <input type="checkbox"/> No	Wear sunscreen <input type="checkbox"/> Yes <input type="checkbox"/> No		

**Advance Care Planning:**

Do currently have, or would you like information on, any of the following items

Living Will:	<input type="checkbox"/> Have	<input type="checkbox"/> Don't Have	<input type="checkbox"/> Want Information
Durable Power of Attorney:	<input type="checkbox"/> Have	<input type="checkbox"/> Don't Have	<input type="checkbox"/> Want Information
DNR Order:	<input type="checkbox"/> Have	<input type="checkbox"/> Don't Have	<input type="checkbox"/> Want Information
Other:	<input type="checkbox"/> Have	<input type="checkbox"/> Don't Have	<input type="checkbox"/> Want Information

### Urinary Incontinence Assessment

**Do you experience leaking in the following situations?**

	Not at all	A little	Sometimes	A lot
During daily activities (work, household task)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
During physical activities (walking, swimming, or other exercise)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
During recreational activities (movies, hobbies)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
During social activities (going out with friends, family visits)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
During car trips	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**In the Past few Weeks:**

Have you frequently experienced the need to urinate?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Have you experienced leaking before an urgent need to urinate?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Have you experienced leaking on effort, such as when sneezing, coughing, jumping, laughing, or during physical activity?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Have you experienced a pressing or immediate urge to urinate?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Have you noticed a change in your urination frequency?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Do you need to urinate more than 8 times every 24 hours?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Do you have to get up more than twice during the night to urinate?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Do you sometimes have to strain to urinate?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### Fall Risk Screening

In the last 12 months have you fallen?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Unsure		
If yes, how many times?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5+
Were you injured as a result of this fall?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Unsure		

### Mood Screening

A person's mood can have a strong influence on their health status and overall wellbeing.	
Over the past 2 weeks, how often have you been bothered by any of the following problems?	
Little interest or pleasure in doing things	Feeling down, depressed, or hopeless
<input type="checkbox"/> Not at all	<input type="checkbox"/> Not at all
<input type="checkbox"/> Several days	<input type="checkbox"/> Several days
<input type="checkbox"/> More than half the days	<input type="checkbox"/> More than half the days
<input type="checkbox"/> Nearly every day	<input type="checkbox"/> Nearly every day

### Health Literacy Questionnaire

Many times in healthcare staff and providers use words that are unfamiliar to the general population. Please rate the following questions on a scale of 1 to 10; 1 being strongly disagree and 10 being strongly agree	
I feel that I have a thorough understanding of the instructions that my doctors and nurses give me about my health	1 2 3 4 5 6 7 8 9 10
I feel that I remember the instructions given to me at my doctor's office when I get home	1 2 3 4 5 6 7 8 9 10
I feel that I have a strong understanding of medical language	1 2 3 4 5 6 7 8 9 10

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# Health History Questionnaire:



Name \_\_\_\_\_ Date of birth \_\_\_\_\_

Address \_\_\_\_\_

Local phone number \_\_\_\_\_ Alternative phone number \_\_\_\_\_

Please describe what problem or concern brought you to our office today:

- Primarily to establish care
- Other (please briefly describe) \_\_\_\_\_

### Special Communication Needs:

Language preference:			
If 'yes' to any of the questions below, how can we assist?			
Visual impairment	<input type="checkbox"/> Yes <input type="checkbox"/> No	Cognitive impairment	<input type="checkbox"/> Yes <input type="checkbox"/> No
Hearing impairment	<input type="checkbox"/> Yes <input type="checkbox"/> No	Sensory impairment	<input type="checkbox"/> Yes <input type="checkbox"/> No
Speech impairment	<input type="checkbox"/> Yes <input type="checkbox"/> No	Other:	

Personal Health History		Previous Surgical Procedures	
Please check past or current problems or conditions		Please check if you have had any of the following	
Condition	Condition	Procedure	Year
<input type="checkbox"/> Hypertension	<input type="checkbox"/> Seizures	<input type="checkbox"/> Heart surgery	
<input type="checkbox"/> High cholesterol	<input type="checkbox"/> Headaches	<input type="checkbox"/> Carotid artery surgery	
<input type="checkbox"/> Diabetes	<input type="checkbox"/> Stroke	<input type="checkbox"/> Vascular surgery / stent	
<input type="checkbox"/> Heart attack or angina	<input type="checkbox"/> Prostate problem	<input type="checkbox"/> Abdominal aneurysm repair	
<input type="checkbox"/> Irregular heart rhythm	<input type="checkbox"/> Breast problem	<input type="checkbox"/> Hysterectomy	
<input type="checkbox"/> Congestive heart failure	<input type="checkbox"/> Urinary tract infections	<input type="checkbox"/> Gallbladder removed	
<input type="checkbox"/> Asthma	<input type="checkbox"/> Osteoarthritis	<input type="checkbox"/> Appendix removed	
<input type="checkbox"/> Emphysema or chronic bronchitis	<input type="checkbox"/> Cancer (Please list type)	<input type="checkbox"/> Tonsillectomy	
<input type="checkbox"/> Pneumonia	<input type="checkbox"/> Thyroid problem	<input type="checkbox"/> Joint replacement	
<input type="checkbox"/> Gastroesophageal reflux disease	<input type="checkbox"/> Bleeding disorder	<input type="checkbox"/> Breast cancer surgery	
<input type="checkbox"/> Stomach ulcer	<input type="checkbox"/> Addiction Issues	<input type="checkbox"/> Prostate cancer surgery	
<input type="checkbox"/> Kidney problems	<input type="checkbox"/> Depression or anxiety	<input type="checkbox"/> Hernia	
<input type="checkbox"/> Liver disease/hepatitis	<input type="checkbox"/> Mental Illness	<input type="checkbox"/> Pacemaker	
<input type="checkbox"/> Colon cancer	<input type="checkbox"/> Other (please describe)	<input type="checkbox"/> Other (please describe)	
<input type="checkbox"/> Bowel/digestive problem			

### Social History:

Please circle appropriate answers below and provide explanations where appropriate

Marital status:  Single  Married  Divorced  Widowed  Life Partner

Education level:  Did not Graduate  High School  Some College  Bachelor's Degree  Master's Degree or Higher

Occupation:

Occupational concerns:  Stress  Hazardous substances  Heavy lifting

How stressful would you rate your current living situation: (Circle number)

No stress 0 1 2 3 4 5 6 7 8 9 10 Very Stressful

Are there financial concerns that affect your ability to seek healthcare?  No  Yes If yes, describe below

Are there any religious or cultural factors that you would like us to take into account when planning your healthcare?



### Current Health Concerns

Please check problems or conditions that you are CURRENTLY experiencing

<input type="checkbox"/> Chest pain	<input type="checkbox"/> Rectal bleeding	<input type="checkbox"/> Eye pain	<input type="checkbox"/> Nervousness
<input type="checkbox"/> Shortness of breath	<input type="checkbox"/> Black/tarry stools	<input type="checkbox"/> Loss of vision	<input type="checkbox"/> Pain in testicles
<input type="checkbox"/> Wheezing	<input type="checkbox"/> Weight loss	<input type="checkbox"/> Double vision	<input type="checkbox"/> Loss of libido
<input type="checkbox"/> Cough	<input type="checkbox"/> Weight gain	<input type="checkbox"/> Memory loss	<input type="checkbox"/> Impotence
<input type="checkbox"/> Coughing up blood	<input type="checkbox"/> Loss of appetite	<input type="checkbox"/> Ringing in ears	<input type="checkbox"/> Breast pain
<input type="checkbox"/> Sore throat	<input type="checkbox"/> Difficulty swallowing	<input type="checkbox"/> Pain in ears	<input type="checkbox"/> Breast discharge
<input type="checkbox"/> Nasal congestion	<input type="checkbox"/> Diarrhea	<input type="checkbox"/> Nose bleeds	<input type="checkbox"/> Other (please describe below)
<input type="checkbox"/> Irregular heartbeat	<input type="checkbox"/> Constipation	<input type="checkbox"/> Hoarseness	
<input type="checkbox"/> Fast heartbeat	<input type="checkbox"/> Painful urination	<input type="checkbox"/> Easy bleeding	
<input type="checkbox"/> High blood pressure	<input type="checkbox"/> Blood in urine	<input type="checkbox"/> Easy bruising	
<input type="checkbox"/> Low blood pressure	<input type="checkbox"/> Urine frequency	<input type="checkbox"/> Rash	
<input type="checkbox"/> Lightheadedness	<input type="checkbox"/> Decrease in urine flow	<input type="checkbox"/> Changes in mole	<b>Females - Please complete</b>
<input type="checkbox"/> Dizziness/fainting	<input type="checkbox"/> Urine leakage	<input type="checkbox"/> Sore that won't heal	Menstrual flow:
<input type="checkbox"/> Abdominal pain	<input type="checkbox"/> Headache	<input type="checkbox"/> Fatigue/lethargy	<input type="checkbox"/> Reg. <input type="checkbox"/> Irreg. <input type="checkbox"/> Pain/cramps
<input type="checkbox"/> Heartburn	<input type="checkbox"/> Weakness	<input type="checkbox"/> Insomnia	Days of flow ___ Length of cycle ___
<input type="checkbox"/> Indigestion	<input type="checkbox"/> Loss of strength	<input type="checkbox"/> Forgetfulness	1st day of last period _____
<input type="checkbox"/> Ankle swelling	<input type="checkbox"/> Balance problems	<input type="checkbox"/> Depression	<input type="checkbox"/> Pain or bleeding after sex
<input type="checkbox"/> Nausea	Pain, weakness, or numbness in		Number of pregnancies ___
<input type="checkbox"/> Vomiting	<input type="checkbox"/> Arms	<input type="checkbox"/> Hips <input type="checkbox"/> Back	Miscarriages ___
<input type="checkbox"/> Vomiting blood	<input type="checkbox"/> Legs	<input type="checkbox"/> Neck <input type="checkbox"/> Shoulders	Birth control method _____
<input type="checkbox"/> Change in bowel habits	<input type="checkbox"/> Hands	<input type="checkbox"/> Feet	

### Family History

Relationship	Living Y/N	Age	Major Medical Problems and/or Cause of Death
Father			
Mother			
Siblings			
Children			

Specifically have any of your relatives had the following conditions

Condition	Relative	Condition	Relative
<input type="checkbox"/> Mental illness		<input type="checkbox"/> Chemical dependency	

### Allergies:

Please list any allergies to medications or foods


**Medications:**

Please list any medications that you take including over the counter medications, herbs, and supplements.  
Include dose and frequency


**Health Maintenance:**

Please check whether you have had the following preventive services and enter the year of the service

Immunizations	Year	Tests	Year
Tetanus vaccine / Tdap <input type="checkbox"/> Yes <input type="checkbox"/> No		Pap smear/pelvic <input type="checkbox"/> Yes <input type="checkbox"/> No	
Pneumonia vaccine <input type="checkbox"/> Yes <input type="checkbox"/> No		Mammogram <input type="checkbox"/> Yes <input type="checkbox"/> No	
Influenza vaccine <input type="checkbox"/> Yes <input type="checkbox"/> No		Bone dexta <input type="checkbox"/> Yes <input type="checkbox"/> No	
Shingles vaccine <input type="checkbox"/> Yes <input type="checkbox"/> No		Colonoscopy <input type="checkbox"/> Yes <input type="checkbox"/> No	
		Prostate test <input type="checkbox"/> Yes <input type="checkbox"/> No	

**Specialty Providers:**

In order that we can best coordinate your care, please list any medical providers you see outside of this practice and list the year that you last saw them

<input type="checkbox"/> Eye doctor	<input type="checkbox"/> Nephrologist
<input type="checkbox"/> Cardiologist	<input type="checkbox"/> Psychiatrist
<input type="checkbox"/> Oncologist	<input type="checkbox"/> Allergist
<input type="checkbox"/> Urologist / Gynecologist	<input type="checkbox"/> Vascular
<input type="checkbox"/> Gastroenterologist	<input type="checkbox"/> Pulmonologist
<input type="checkbox"/> Endocrinologist	<input type="checkbox"/> Other

**Health Behaviors:**

Tobacco use:  Never  Quit (when) \_\_\_\_\_  Current smoker  
 If current smoker how many packs per day for how many years \_\_\_\_\_

Alcohol intake:  No  Yes If yes how many drinks/how often \_\_\_\_\_

Illicit drug use (including marijuana, cocaine, steroids):  Never  Past  Current  
 If past or current drug use describe: \_\_\_\_\_

Exposure to secondhand smoke <input type="checkbox"/> Yes <input type="checkbox"/> No	Wear a seatbelt <input type="checkbox"/> Yes <input type="checkbox"/> No
Eat a diet high in fruits and vegetables <input type="checkbox"/> Yes <input type="checkbox"/> No	See a dentist at least once a year <input type="checkbox"/> Yes <input type="checkbox"/> No
Get 30 minutes of exercise 5 times a week <input type="checkbox"/> Yes <input type="checkbox"/> No	Wear sunscreen <input type="checkbox"/> Yes <input type="checkbox"/> No

**Advance Care Planning:**

Do currently have, or would you like information on, any of the following items

Living Will:	<input type="checkbox"/> Have	<input type="checkbox"/> Don't Have	<input type="checkbox"/> Want Information
Durable Power of Attorney:	<input type="checkbox"/> Have	<input type="checkbox"/> Don't Have	<input type="checkbox"/> Want Information
DNR Order:	<input type="checkbox"/> Have	<input type="checkbox"/> Don't Have	<input type="checkbox"/> Want Information
Other:	<input type="checkbox"/> Have	<input type="checkbox"/> Don't Have	<input type="checkbox"/> Want Information

## Urinary Incontinence Assessment

**Do you experience leaking in the following situations?**

	Not at all	A little	Sometimes	A lot
During daily activities (work, household task)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
During physical activities (walking, swimming, or other exercise)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
During recreational activities (movies, hobbies)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
During social activities (going out with friends, family visits)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
During car trips	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**In the Past few Weeks:**

Have you frequently experienced the need to urinate?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Have you experienced leaking before an urgent need to urinate?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Have you experienced leaking on effort, such as when sneezing, coughing, jumping, laughing, or during physical activity?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Have you experienced a pressing or immediate urge to urinate?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Have you noticed a change in your urination frequency?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Do you need to urinate more than 8 times every 24 hours?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Do you have to get up more than twice during the night to urinate?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Do you sometimes have to strain to urinate?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Fall Risk Screening

In the last 12 months have you fallen?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Unsure		
If yes, how many times?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5+
Were you injured as a result of this fall?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Unsure		

## Mood Screening

A person's mood can have a strong influence on their health status and overall wellbeing.

Over the past 2 weeks, how often have you been bothered by any of the following problems?

Little interest or pleasure in doing things	Feeling down, depressed, or hopeless
<input type="checkbox"/> Not at all	<input type="checkbox"/> Not at all
<input type="checkbox"/> Several days	<input type="checkbox"/> Several days
<input type="checkbox"/> More than half the days	<input type="checkbox"/> More than half the days
<input type="checkbox"/> Nearly every day	<input type="checkbox"/> Nearly every day

## Health Literacy Questionnaire

Many times in healthcare staff and providers use words that are unfamiliar to the general population. Please rate the following questions on a scale of 1 to 10; 1 being strongly disagree and 10 being strongly agree

I feel that I have a thorough understanding of the instructions that my doctors and nurses give me about my health	1 2 3 4 5 6 7 8 9 10
I feel that I remember the instructions given to me at my doctor's office when I get home	1 2 3 4 5 6 7 8 9 10
I feel that I have a strong understanding of medical language	1 2 3 4 5 6 7 8 9 10

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_



**Carolina Prime Internal Medicine, PA  
1908 Meeting Ct.  
Wilmington, NC 28401  
(910) 342-9969  
Fax: (910) 342-9929  
Emergency Contact Form**

**Date:** \_\_\_\_\_

**Name:**

**Phone:**

**Address:**

**Work Phone:**

**City:**

**Cell Number:**

**Zip Code**

**Email Address:**

**Date of Birth:** / /

**Age:**

**Sex(M/F):**

**SS#:**

**Marital Status:** \_\_\_\_\_

**Name of Spouse/Parent:**

**Spouse/Parent Work#:** \_

**Employer:**

**Occupation:** \_\_\_\_\_

**Nearest relative not living with you to contact in case in **emergency**:**

**Name:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**Email:** \_\_\_\_\_



**Carolina Prime Internal Medicine, PA**  
**1908 Meeting Ct.**  
**Wilmington, NC 28401**  
**(910) 342-9969**  
**Fax: (910) 342-9929**

**Insurance Authorization and Assignment**

I hereby authorize Carolina Prime Internal Medicine PA to furnish information to carriers, my employer, if applicable or the Health Care Financing Administration, and its agents concerning my illness and its treatments. I authorize insurance or Medicare benefits to the provider for services rendered, where applicable. I understand that I must pay my insurance co-pay or for the total charges at the time of the visit valid as the original. I acknowledge that 24 hours advance notice must be given if unable to keep a scheduled appointment. Repeated failure to keep scheduled appointments without proper notice could result in a fine of \$50.00 being charged to your account.

**FULL PAYMENT OR INSURANCE CO-PAYMENT IS DUE AT TIME OF SERVICE, WE ACCEPT CASH, CHECK OR VISA/MASTERCARD**

Usual and **Customary Rates:** Our practice is committed to providing the best treatments for our patients and we charge what is usual and customary for our area. You are responsible for payment regardless of any insurance company's arbitrary determination of usual and customary rates.

Minor Patients: The adult accompanying a minor and the parents (or guardian of the minor) is responsible for full payment. For unaccompanied minors, non-emergency treatment will be denied unless charges have been pre-authorized to an approved credit plan, Visa/Mastercard or payment by cash or check at the time of service.

Patient's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Insured's Signature: \_\_\_\_\_ Date: \_\_\_\_\_



**Carolina Prime Internal Medicine, PA  
REQUEST FOR PRIVATE COMMUNICATION**

Patient Name: \_\_\_\_\_

1. Where do you want to receive mail from us?

a.  Home Address \_\_\_\_\_

\_\_\_\_\_

b.  Work Address \_\_\_\_\_

\_\_\_\_\_

c.  Alternate Address \_\_\_\_\_

\_\_\_\_\_

We call for appointment reminders, follow-up appointments, and /or referrals. Please indicate by checking below your preferred location for calls.

Home Number \_\_\_\_\_

Leave a message on Machine

Leave message with whoever answers phone

Work Number \_\_\_\_\_

Leave Message with employer

Alternate Number \_\_\_\_\_

2. Please indicate below whom, other than yourself, is approved to access your information regarding appointments, medications, and referrals.

Spouse \_\_\_\_\_

Companion \_\_\_\_\_

Guardian \_\_\_\_\_

Family members \_\_\_\_\_

\_\_\_\_\_

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

For Office Use Only:  Accept  Denies

Privacy Officer Signature: \_\_\_\_\_ Date: \_\_\_\_\_



**Carolina Prime Internal Medicine, PA  
Release of Medical Records**

Patient Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Date of Birth: \_\_/\_\_/\_\_\_\_ SS#: \_\_\_\_\_

Release From: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Send To: \_\_\_\_\_  
Boyan A. Georgiev, M.D.  
\_\_\_\_\_  
Carolina Prime Internal Medicine  
\_\_\_\_\_  
1908 Meeting Ct.  
\_\_\_\_\_  
Wilmington, NC 28401

Records Required: ( ) Lab Results

( ) X-Ray Results

( ) Complete Medical Record

( ) Other: Specify \_\_\_\_\_

- I understand that my records are confidential and cannot be disclosed without my written authorization, except otherwise provided by law.
- I also understand that I may revoke this authorization at any time except to the extent that action has been taken in advance of this consent and that, in any event, this authorization expires automatically as described below.
- This authorization expires in sixty (60) days from the date of my signature unless otherwise specified by date, event, or condition as follows: \_\_\_\_\_
- I understand that the information released could contain reference to, or results of HIV Antibody (AIDS) testing.

Signature of Patient: \_\_\_\_\_

Signature of Legal Representative: \_\_\_\_\_

Witness: \_\_\_\_\_

Date: \_\_\_\_\_



**CAROLINA PRIME INTERNAL MEDICINE, PA**  
**Boyan A. Georgiev, MD., F.A.A.C., M.A.A.C**

**Receipt of Notice of Privacy Practices**  
**Written Acknowledgement Form.**

I, \_\_\_\_\_, have received a copy of Carolina Prime Internal  
Medicine's Notice of Privacy Practices.

\_\_\_\_\_  
Signature of Patient

\_\_\_\_\_  
Date





**MEDICATION BOTTLES**

**INSURANCE CARDS**

**PICTURE ID**

**Please bring your medications in their bottles,  
Your insurance cards, and a picture Id to  
Every visit to our clinic.**

**Thank you,**

**Carolina Prime Internal Medicine P.A**